

**BecauseFamily exists to protect children and teenagers by bridging the technology gap between them and their parents.**

# Contact Us Now!

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[becausefamily.org](http://becausefamily.org)

# Family Internet Safety Resources

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BECAUSEFAMILY.ORG - FAMILYTECHBLOG.COM

# Safety Plan Checklist

## BUILT IN PARENTAL CONTROLS

Do a Google search for your child's type of device and look up the built in parental controls. Find tutorials or videos online for setting up these controls and implement them as soon as you can.

## ADD A 3RD PARTY FILTER

Use a strong, third party (not built in) filter to block adult content from showing up on your child's device. You'll want to use a filter that you pay for to be sure it's frequently updated and your data is secure.

## ACCOUNTABILITY SOFTWARE

Download and set up accountability software on your devices. Set the software to alert you immediately when a red flagged sight has been visited so you can have timely conversations.

## HAVE A FAMILY MEETING

Bring your family together to discuss healthy use of technology. Screen time management, proper messaging ediquite, and what to do when you see something inappropriate should all be included in your conversation.

## KEEP COMMUNICATION OPEN

Approach your children regularly with questions about their time online, who they send messages to, and discuss any red flag reports you've seen as soon as they come up. Maintain a safe and transparent attitude towards communication in your family.

# Red Flag Apps

## PHOTO VAULT APPS

These apps allow you to hide images behind a fake music, calculator, or other innocent looking app icon.



Calculator+



Locked Secret Photo Album



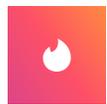
Photo Safe Vault



Secret Photo Vault

## DATING APPS

These apps connect you with strangers who are interested in connecting for romantic purposes.



Tinder



Bumble



OKCupid



Coffee Meets Bagel

## SOCIAL GAMING

These apps are games which are often marketed to kids and young teens while offering social engagement with adults.



ROBLOX



Clash Royale



MINECRAFT



Fortnite

## DISAPPEARING MESSAGES

These social media apps allow you to send messages that disappear over time or after they've been viewed.



Instagram



Snapchat



WhatsApp



Signal

## LIVE STREAM/LIFE STREAM

These apps allow you to live stream content to whomever may be watching, often age restrictions aren't enforced or monitored



Twitch



Monkey



Tango



TicTok

# Helpful Resources

## ADULT CONTENT FILTERS

Filters block adult content from being accessed on your device's browser.



NetNanny.com



MeetCircle.com

## ADULT CONTENT REPORTS

Accountability software allows you to be alerted when adult content is accessed on your devices.



Accountable2You.com  
Promo Code:  
BecauseFamily  
for 1 month free

## MESSAGE MONITORING

This new resource monitors messaging and will alert you if dangerous or predatory messages have been sent or received.



Bark.us  
Promo Code:  
BF56WBD

## SCREEN TIME MANAGEMENT

These apps and software allow you to set time limits and bedtimes for your kids' screened devices.



unGlue.com



Android FamilyLink



iOS Screen Time